

LUCI'S
HEALTHY MARKETPLACE
lucishm.com

P O M E L O
pomelophx.com

SPLURGE
ICE CREAM & CANDY SHOP

splurgephx.com

Ask us about our

CATERING MENU

BREAKFAST + LUNCH + TREATS + DRINKS + CUSTOM ORDERS

LUCISORCHARD.COM

LUCI'S
AT THE ORCHARD

7100 N 12TH ST | BLDG 2 | PHOENIX, AZ | 85020 | 602.633.2442
LUCISORCHARD.COM

*State Health Code requires us to inform you that eating raw meat, fish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.
Consumption of Animal Foods that are Raw, Undercooked, or Not Otherwise Processed to Eliminate Pathogens.

** WE ARE NOT A GLUTEN-FREE FACILITY. We simply offer a variety of gluten-free products as options.

12-28-18



LUCI'S

AT THE ORCHARD

DINE IN
MENU
TAKE OUT

ALL DAY BREAKFAST

SUB EGG WHITES AND/OR GLUTEN-FREE BREAD FOR \$2 EACH

AVOCADO TOAST* 10.39

Thick-cut multigrain toast topped with seasoned fresh smashed avocado, onions and tomatoes. Served with egg whites

NADINE'S EGG'S IN A NEST 9.99

Fresh cracked local eggs nestled in artisan bread. Served with applewood smoked bacon and breakfast potatoes

TRADITIONAL BREAKFAST* 10.19

Two eggs your way with bacon, turkey sausage or sausage links. Served with red potatoes and toast

BISCUITS & GRAVY* 10.69

Homemade cheddar cheese biscuits and country sausage links served with red potatoes and topped with sausage & mushroom gravy

BREAKFAST FRITTATA 10.49

Fresh-cracked local eggs, sautéed onions, bell peppers, mushrooms, and spinach topped with avocado, cherry tomatoes and herb goat cheese

MORNING RUN BURRITO 10.69

Black bean mix, sautéed kale and peppers, provolone and egg whites in a whole wheat tortilla served with fresh roasted salsa

CORNERED BEEF BENEDICT 12.29

Two poached eggs, braised corned beef, tomatoes and homemade English muffins topped with hollandaise. Served with red potatoes

BURRITO BOMB 9.49

Scrambled eggs, potatoes, a choice of ham, turkey, sausage, bacon or chicken chorizo stuffed in a choice of sun-dried tomato or whole wheat wrap. Served with fresh roasted salsa

EGG SANDWICH 7.99

Scrambled eggs with a choice of cheddar, provolone or pepper jack, and a choice of ham, turkey, sausage, bacon or chicken chorizo served on a choice of toasted English muffin or bagel

FLAPJACKS 7.99 | GLUTEN-FREE 8.99

Two oversized house-made pancakes with butter and syrup. Add pecans, bananas, caramelized apples or blueberries for 1.00

FUNKY MONKEY FRENCH TOAST 9.49 | GLUTEN-FREE 10.49

Thick slices of cinnamon pull-apart bread, battered, pan sizzled, dusted with powdered sugar and served with syrup and butter

CHILAQUILES* 10.19

Corn tortillas stacked with seasoned Chicken, tomatillo sauce, cheese, avocado, tomatoes, cabbage and a sunny side up egg

LOX & BAGEL 9.19 | GLUTEN-FREE 11.99

Choice of bagel, Nova Scotia lox, capers, sliced red onion, sliced tomato and cream cheese

ACAI SUPERFOOD BOWL 10.39

Chilled organic acai berries topped with hemp granola, bananas and blueberries

OMELETTES

SUBSTITUTE EGG WHITES FOR \$2.00

THE SPANIARD 10.59

Chicken chorizo, red onions, tomatoes, and roasted poblano peppers with melted cheddar cheese served with fresh roasted salsa. Served with red potatoes

BLANCO VERDE 10.69

Fresh egg whites, turkey, spinach, tomato, peppers, onion, and provolone, topped with tomatillo sauce. Served with red potatoes

THE FARM HOUSE 10.69

Braised corned beef, provolone, sautéed peppers, tomatoes and red onions. Served with red potatoes

POWER BOWLS

NO SUBSTITUTIONS OR MODIFICATIONS

NOURISH BOWL 9.49

Field greens, spinach, sautéed mushrooms, quinoa, cherry tomatoes, chickpeas, cranberries, avocado, and a choice of citrus dressing or balsamic vinaigrette

I'M NO SPRING CHICKEN BOWL 10.99

Field greens, grilled chicken, spinach, quinoa, zucchini, cherry tomatoes, avocado, hard boiled egg, and a choice of citrus dressing or balsamic vinaigrette

LEAN MACHINE BOWL 13.99

Field greens, pan-roasted salmon, sautéed red peppers and mushrooms, red onion, asparagus, sweet potatoes, quinoa, avocado, zucchini, and a choice of citrus dressing or balsamic vinaigrette

SANDWICHES

AND A WRAP

ALL SANDWICHES AND THE WRAP ARE SERVED WITH YOUR CHOICE OF FRIES, DILL POTATO SALAD, FRESH FRUIT OR ASIAGO PENNE PASTA

HOUSE ROASTED TURKEY MELT 10.39

Cranberry aioli, fresh greens, tomatoes, avocado and provolone on artisan bread

SWEET FIG & TUNA SALAD WRAP 10.39

Albacore tuna, apples, tomato, local fig spread and field greens wrapped in a whole wheat tortilla

COURTYARD CLUB 10.49

Roasted turkey, honey ham, provolone, applewood smoked bacon, avocado, fresh greens, tomato and mayo on artisan bread

THE GRINDER 10.79

Pepperoni, hard salami, ham, provolone, field greens, tomato, red onion, Italian Giardiniera, and mayo on an artisan roll

RUEBEN STACK 10.79

Corned Beef, provolone, sauerkraut and house dressing on marbled rye

SPICY CRISPY CHICKEN SANDWICH 10.49

Pepper jack cheese, field greens, tomato and chipotle aioli on a challah bun

Savory Grilled Burgers

SERVED WITH FRIES

LUCI'S BURGER* 13.99

Half-pound grass-fed ground chuck steak, field greens, red onion, tomato, applewood smoked bacon and cheddar cheese on a challah bun

GREEN CHILI BURGER* 13.99

Half-pound grass-fed ground chuck steak, roasted Poblano peppers, lettuce, chipotle aioli and cheddar cheese on a challah bun

HOT JUAN BLACK BEAN BURGER* 10.19

Vegetarian grilled black bean chipotle burger topped with kale slaw, avocado, tomato and red onion on a challah bun

FRESH SALADS

ORCHARD SALAD 10.19 (ADD CHICKEN 3.50)

Fresh Tuscan kale, figs, cranberries, pecans, cherry tomatoes and herb goat cheese tossed in garlic vinaigrette dressing.

ZESTY CHICKEN SALAD 10.49

Field greens, field greens, roasted corn, cherry tomatoes, poblano peppers, black beans, and avocado topped with tortilla strips and grilled chicken breast tossed with chipotle ranch

TRADITIONAL CHOPPED COBB 10.49

Field greens, cherry tomatoes, avocado, hard boiled eggs, applewood bacon, bleu cheese crumbles, and grilled chicken tossed with homemade buttermilk dressing

TUNA NIÇOISE SALAD 10.69

Albacore tuna salad with almonds over field greens, rainbow quinoa, tomato, green beans, hard boiled egg, potatoes, red onion, and olives with citrus vinaigrette

KIDS UNDER 12

FUNKY MONKEY FRENCH TOAST 6.19
KIDS FLAPJACKS 6.19

GRILLED CHEESE 5.99
CHEESEBURGER & FRIES 6.99

CHICKEN STRIPS (X3) & FRIES 5.99
CHEESE CRISP 4.59